

A Step Towards a Healthier Tempcon



Following Vishwakarma Puja, Tempcon organised a healthcare camp at its factory premises on 19 September, giving team members an opportunity to pause, check in on their health and take a step towards better well-being.



The initiative was designed to encourage preventive healthcare and greater health awareness at the workplace, because looking after the people who keep Tempcon moving forward is an important part of building a stronger organisation.

What the Health Camp Covered

The camp brought together a range of basic health checks and consultations under one roof:

- **General Health Check-up:** A basic assessment to help employees stay more aware of their overall health.
- **Blood Pressure & Sugar Check:** Simple but important checks that can help identify potential health concerns early.
- **BMI & Health Consultation:** An opportunity to understand key health indicators and discuss individual health-related concerns.
- **Health Tips & Awareness:** Practical guidance to encourage healthier choices and greater awareness of everyday wellbeing.



More Than Just a Health Check

A healthcare initiative is not only about numbers and reports. It is also about creating a workplace culture where health is valued, conversations around wellbeing are encouraged and people feel cared for.

At Tempcon, we believe that when our people are healthy and supported, they are better equipped to grow, contribute and move the organisation forward together.

Because a Stronger Team Starts with Healthy People.